

# Instructions for Use

# 1-Methylhistamine Plasma / Cell Culture - Kit

Complementary Kit enabling the Quantitative Determination of 1-Methylhistamine (N-Methylhistamine) in Plasma and Cell Culture

RUO

For Research Use Only Not for Use in Diagnostic Procedures



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#### **Table of Contents**

| 1   | Introduction and Principle of the Test | . 5 |
|-----|--|-----|
| 2   | Precautions                            | . 6 |
| 3   | Storage and Stability                  | . 6 |
| 4   | Contents of the Kit                    | 7   |
| 5   | Sample Collection                      | 8   |
| 6   | Preparation of Reagents and Samples    | 8   |
| 7   | Test Procedure ELISA                   | 11  |
| 8   | Calculation of the Results             | 12  |
| 9   | Assay Characteristics                  | 13  |
| 10  | Changes to declare                     | 14  |
| Pip | etting Scheme – Sample Preparation     | 15  |
| Pip | etting Scheme - ELISA                  | 16  |

# Symbols



#### **Hazard Pictograms**



Warning



# **1** Introduction and Principle of the Test

The 1-Methylhistamine Plasma / Cell Culture - Kit (EA215/96) is a complementary kit to the 1-Methylhistamine ELISA (EA208/96) enabling quantitative determination of 1-Methylhistamine in EDTA and Heparin plasma and cell culture samples.

In a first step, using this kit, proteins and protein-like structures are removed from the samples by precipitation.

In the following, using the 1-Methylhistamine ELISA kit (EA208/96), the 1-Methylhistamine is quantitatively acylated to N-acyl-1-Methylhistamine and the ELISA performed.

The 1-Methylhistamine ELISA is a competitive enzyme immunoassay in which antigens compete for a defined number of antibody binding sites. When the system is in equilibrium, unbound antigen-antibody complexes are removed in a wash step and the corresponding bound complexes are detected using a peroxidase conjugate and determined by the turnover of tetramethylbenzidine (TMB). The TMB/POD reaction is stopped and the OD measured at 450 nm. The concentration of the antigen-antibody complex bound to the solid phase is inversely proportional to the concentration of the antigen in the sample.

<u>NOTE</u>: When determining 1-Methylhistamine in EDTA and Heparin plasma and cell culture samples refer to this manual only. Do not use the manual included in the 1-Methylhistamine ELISA kit (EA208/96).

# 2 Precautions

- For research use only. Not for use in diagnostic procedures.
- Before carrying out the test, the valid instructions for use, as included in this kit, should be read completely and the content understood.
- Individual components of different lots and test kits should not be interchanged. The expiry dates and storage conditions stated on the packaging and the labels of the individual components must be observed.
- When handling the reagents, controls and samples, the current laboratory safety guidelines and good laboratory practice should be observed.
- Wear protective clothing, disposable gloves, and safety goggles while performing the test.
- Some components of this kit contain hazardous reagents. These components are marked with the adequate hazard label. Further information is in section 4 and in the corresponding MSDS.
- Avoid any actions that could result in ingestion, inhalation or injection of the reagents. Never pipette by mouth.
- Avoid contact with individual reagents.
- Dispose of waste according to state and local environmental protection regulations.

# 3 Storage and Stability

The kit is shipped at ambient temperature and is subsequently stable until its expiry date when stored at 2 - 8 °C. Once opened, the kit is stable until its expiry date.

The shelf life of the ready-to-use reagents is indicated on the respective vial label. For shelf life and storage conditions of prepared reagents refer to 6.1.

Bring reagents to room temperature before use and refrigerate immediately after use.

| 4 | Contents of the Kit                                     |                    |            |
|---|---|--------------------|------------|
|   | Precipitation Tube<br>Ready for use                     | <b>PRECI-TUBE</b>  | 100 pieces |
|   | <b>Precipitator 1</b><br>3 ml, ready for use            | PRECI 1<br>Varning | 1 vial     |
|   | <b>Precipitator 2</b><br>3 ml, ready for use, corrosive | PRECI 2            | 1 vial     |
|   | Adhesive Foil<br>Ready for use                          | FOIL               | 6 pieces   |

Additional materials and equipment required but not included:

- 1-Methylhistamine ELISA (EA208/96)
- Pipettes (20, 30, 40, 50, 80, and 100 μl)
- Multichannel pipette or Microplate washing device
- Multipette
- Distilled water
- Microplate photometer (450 nm)
- Horizontal shaker
- Vortex mixer and roller mixer
- Paper towels, pipette tips, timer
- Centrifuge
- Polypropylene reaction tubes for diluting standards and controls

#### 5 Sample Collection

Avoid repeated freezing and thawing of the samples.

#### 5.1 Plasma

EDTA plasma and heparin plasma can be used for the test.

Samples can be stored at 2-8 °C for up to 6 hours. Samples that are not immediately used in the assay can be stored at -20 °C for at least 6 months.

# 5.2 Cell culture

Cell culture media DMEM (+ 10 % Fetal Calf Serum) and RPMI 1640 (+ 10 % Fetal Calf Serum) were used for validation.

Other cell culture media are to be tested by the user.

# 6 Preparation of Reagents and Samples

#### 6.1 Preparation of Reagents

Bring kit contents to room temperature. The EQUA-REAG is not required.

#### 6.1.1 Wash Buffer

Dilute the content (20 ml) of the 50x concentrated Wash Buffer WASH with dist. water to a total volume of 1,000 ml, mix briefly. The diluted wash buffer can be stored at 2 - 8 °C for a maximum period of 4 weeks.

Should the kit be used in several runs, it is recommended to prepare only the required amount of wash buffer for each run.

# 6.1.2 Acylation Reagent

Remove the required amount of vials of Acylation Reagent ACYL-REAG from the foil pouch. Leave the remaining vials together with the desiccant inside the pouch and close the pouch carefully. Reconstitute each vial of lyophilized Acylation Reagent with 3 mL of Solvent SOLVENT and mix on a roller mixer or similar shaker for at least 5 minutes. The Acylation Reagent should be freshly prepared immediately before performing the test and is then stable for approx. 3 hours. The kit contains 3 vials of Acylation Reagent for multiple runs. When using the kit in one run, pool the dissolved contents of two vials. Discard the remaining reconstituted reagent after use.

# 6.2 Preparation of Samples

With a permanent marker label the precipitation tubes **PRECI-TUBE** (one tube per standard, control and sample) and wells of the preparation plate **PRE-PLATE** (two wells per standard, control and sample, as duplicate determinations are recommended) and do not re-use.

When determining Plasma samples:

Short before use, dilute the standards CAL 1 - CAL 6 and controls CON 1 & CON 2 1:100 with dist. water. Use polypropylene (PP) reaction tubes (not supplied). Do not dilute the samples.

When determining Cell Culture samples:

Short before use, dilute the standards CAL 1 - CAL 6 and controls CON 1 & CON 2 1:100 with the same cell culture medium as used for the samples, if possible. Use polypropylene (PP) reaction tubes (not supplied). Do not dilute the samples.

If this is not possible, dilute the standards and controls 1:100 in distilled water. In this case, the cell culture samples must be diluted 1:5 in distilled water before use. Multiply the result of the samples by the factor 5.

|                 | Final<br>Concentration | Volume<br>Dilution<br>Medium | Volume<br>Original Standard |
|-----------------|------------------------|------------------------------|-----------------------------|
| CAL 1           | 0 ng/ml                | 990 µl                       | 10 μl CAL 1 (0 ng/ml)       |
| CAL 2 0.1 ng/ml |                        | 990 μl                       | 10 µl CAL 2 (10 ng/ml)      |
| CAL 3 0.3 ng/ml |                        | 990 μl                       | 10 µl CAL 3 (30 ng/ml)      |
| CAL 4 1 ng/ml   |                        | 990 μl                       | 10 μl CAL 4 (100 ng/ml)     |
| CAL 5 3 ng/ml   |                        | 990 μl                       | 10 μl CAL 5 (300 ng/ml)     |
| CAL 6 10 ng/ml  |                        | 990 μl                       | 10 μl CAL 6 (1000 ng/ml)    |
| CON 1           | /                      | 990 µl                       | 10 µl CON 1                 |
| CON 2           | /                      | 990 μl                       | 10 µl CON 2                 |

Pipetting scheme for 1:100 dilution of standards and controls:

It is recommended to perform duplicate determinations. However, if single determinations are preferred, cut the volumes below in half, i.e. 40  $\mu$ l each of <u>diluted</u> Standards and Controls and <u>undiluted</u> samples and 10  $\mu$ l each of Precipitator 1 and 2. After centrifugation, take 1 x 30 $\mu$ l supernatant for acylation.

Precipitation procedure (one tube per Standard, Control and Sample):

- 1. Pipette **80 μl each of the <u>diluted</u> Standards and Controls and <u>undiluted</u> <b>samples** into the labelled Precipitation Tubes PRECI-TUBE.
- 2. Add **20 μl Precipitator 1** PRECI 1 into each tube.
- 3. Add **20 μl Precipitator 2** PRECI 2 into each tube.
- 4. Mix the tubes vigorously (vortex).
- 5. Centrifuge tubes at 4,000 x g for 15 minutes.

Acylation (duplicate wells per Standard, Control and Sample):

- 6. Transfer  $2 \times 30 \mu l$  of each supernatant into the corresponding wells (duplicates) of the labelled Preparation Plates **PRE-PLATE**
- 7. Add **50 μl Acylation Buffer** ACYL-BUFF into each well.
- 8. Shake for 10 seconds on a horizontal shaker.
- Add 40 μl dissolved Acylation Reagent ACYL-REAG into each well. <u>Carefully</u> seal plate with adhesive foil FOIL and proceed <u>immediately</u> to step 10.
- 10. Mix for 30 minutes at room temperature (20 25 °C) on a horizontal shaker at medium speed.
- 11. Add **20 μl Antiserum** AS into each well.
- 12. <u>Carefully</u> seal the plate with adhesive foil FOIL.
- 13. Mix for 120 minutes at room temperature  $(20 25 \degree C)$  on a horizontal shaker at medium speed.

# 7 Test Procedure ELISA

 Transfer 100 μl each of prepared Standards, Controls and Samples from the Preparation Plate PRE-PLATE into the corresponding wells of the Microtiter Strips STRIPS, thereby slightly tilting the Preparation Plate to facilitate pipetting.

Leave unused Microtiter Strips in the foil pouch together with the desiccant and seal carefully.

- 2. Seal the wells of the Microtiter Strips with adhesive foil FOIL and shake for 10 seconds on a horizontal shaker.
- 3. Incubate for 15 20 hours (overnight) at 2 8 °C.
- 4. Discard or aspirate the contents of the wells and wash with approx. 300 μl diluted Wash Buffer WASH per well. Empty wells and remove residual liquid by firmly tapping the inverted microtiter strips on a clean paper towel. Repeat the washing step 3 times. Alternatively, a washing device can be used.
- 5. Add **100 μl Enzyme Conjugate** CONJ into each well.
- 6. Mix for 30 minutes at room temperature on a horizontal shaker at medium speed.
- 7. Wash: Repeat wash step 4.
- 8. Pipette **100 μl Substrate** SUB into each well.
- 9. Shake for 10 seconds on a horizontal shaker.
- 10. Incubate for 25  $\pm$  5 minutes at room temperature (20 25 °C) on the table covered with a box without shaking.
- 11. Pipette **100 μl Stop Solution** STOP into each well.
- 12. Shake for 10 seconds on a horizontal shaker.
- 13. Read absorbance in microtiter plate photometer at 450 nm (reference wavelength between 570 nm and 650 nm) within 15 minutes.

# 8 Calculation of the Results

The optical density (OD) of the standards (y-axis, linear) are plotted against the corresponding concentrations of the standards (x-axis, logarithmic).

When using software, a 4-Parameter Logistic is recommended (alternative: Cubic-Spline or Logit-Log).

The concentrations of the <u>controls</u> in ng/ml must be multiplied by a factor of 100.

The concentrations of the <u>samples</u> can be read directly from the standard curve in ng/ml.

Conversion: 1-Methylhistamine: 1 ng/ml = 8.0 nmol/l

| Standard | 1 | 2   | 3   | 4 | 5  | 6  |
|----------|---|-----|-----|---|----|----|
| ng/ml    | 0 | 0.1 | 0.3 | 1 | 3  | 10 |
| nmol/l   | 0 | 0.8 | 2.4 | 8 | 24 | 80 |

# Typical example of standard curve (do not use for calculation of results):



1-Methylhistamine ELISA Plasma / Cell Culture Standard Curve

1-Methylhistamine conc (ng/ml)

#### 9 Assay Characteristics

#### 9.1 Sensitivity

| Matrix               | Lower Detection Limit | Calculation        |
|----------------------|-----------------------|--------------------|
| Plasma, Cell Culture | 0.029 ng/ml           | $OD_{CAL1} - 2xSD$ |

# 9.2 Recovery after Spiking

| Matrix                           | Range (ng/ml) | Mean (%) | Range (%) |
|----------------------------------|---------------|----------|-----------|
| EDTA-Plasma                      | 0.32 – 2.81   | 93       | 91 - 94   |
| Heparin-Plasma                   | 0.26 – 4.36   | 103      | 94 - 107  |
| Cell Culture (DMEM<br>+ 10% FCS) | 0.32 – 2.79   | 94       | 90 - 101  |
| Cell Culture (RPMI<br>+ 10% FCS) | 0.31 – 2.60   | 92       | 91 - 95   |

# 9.3 Linearity (recovery after dilution with dist. water)

| Matrix         | Range (ng/ml) | Max. Dil. | Mean (%) | Range (%) |
|----------------|---------------|-----------|----------|-----------|
| EDTA-Plasma    | 0.70 – 9.79   | 1:15      | 94       | 87 - 106  |
| Heparin-Plasma | 0.38 – 5.55   | 1:15      | 102      | 90 - 111  |

### 9.4 Linearity (recovery after dilution with cell culture medium)

| Matrix                           | Range (ng/ml) | Max. Dil. | Mean (%) | Range (%) |
|----------------------------------|---------------|-----------|----------|-----------|
| Cell Culture (DMEM<br>+ 10% FCS) | 0.81 – 3.74   | 1:5       | 104      | 95 - 108  |
| Cell Culture (RPMI<br>+ 10% FCS) | 0.82 - 4.19   | 1:5       | 94       | 90 - 98   |

#### 9.5 Reproducibility

Intra-CV

| Matrix      | Range (ng/ml) | Intra-Assay-CV (%) |  |
|-------------|---------------|--------------------|--|
| EDTA-Plasma | 0.33 – 0.92   | 6.7 – 8.2          |  |
| Zellkultur  | 0.37 – 1.29   | 9.9 - 8.1          |  |

Inter-CV

| Matrix      | Range (ng/ml) | Inter-Assay-CV (%) |
|-------------|---------------|--------------------|
| EDTA-Plasma | 0.31 - 0.81   | 9,9 – 8,9          |

# **10** Changes to declare

Version \_2: Correction of section 1 as highlighted in gray.

Version \_1: IFU issued

|                        |    | Standard | Control | Sample |
|------------------------|----|----------|---------|--------|
| PRECI-TUBE (single):   |    |          |         |        |
| CAL 1 – 6 (dil. 1:100) | μl | 80       |         |        |
| CON 1 & 2 (dil. 1:100) | μl |          | 80      |        |
| Sample                 | μl |          |         | 80     |
| PRECI 1                | μl | 20       | 20      | 20     |
| PRECI 2                | μl | 20       | 20      | 20     |

# **Pipetting Scheme – Sample Preparation**

# Vortex vigorously Centrifuge 15 minutes at 4,000 x g

| PRE-PLATE (duplicates):                     |    |    |    |    |  |  |
|---|----|----|----|----|--|--|
| Transfer from PRECI-<br>TUBE into PRE-PLATE | μΙ | 30 | 30 | 30 |  |  |
| ACYL-BUFF                                   | μl | 50 | 50 | 50 |  |  |

#### Shake for 10 seconds

| ACYL-REAG   | μl | 40 | 40 | 40 |  |  |
|---|----|----|----|----|--|--|
| Seal carefully with FOIL<br>Immediately, shake 30 minutes at RT |    |    |    |    |  |  |
| AS  | μl | 20 | 20 | 20 |  |  |

Seal carefully with FOIL Shake 120 minutes at RT

# **Pipetting Scheme - ELISA**

|   | Prepared<br>Standards | Prepared<br>Controls | Prepared<br>Samples |  |  |  |
|---|-----------------------|----------------------|---------------------|--|--|--|
| STRIPS:   |                       | 00111013             | Campico             |  |  |  |
| Transfer from<br>PRE-PLATE into STRIPS μl   | 100                   | 100                  | 100                 |  |  |  |
| Seal carefully with FOIL<br>Shake for 10 seconds<br>Incubate 15 – 20 hours (overnight) at 2 – 8 °C<br>Wash 4x with 300 µl WASH per well |                       |                      |                     |  |  |  |
| CONJ µl   | 100                   | 100                  | 100                 |  |  |  |
| Shake 30 minutes at RT<br>Wash 4x with 300 µl WASH per well   |                       |                      |                     |  |  |  |
| SUB µl  | 100                   | 100                  | 100                 |  |  |  |
| Shake for 10 seconds<br>Incubate 25 ± 5 minutes at RT, <u>covered with a box, without shaking</u>                                       |                       |                      |                     |  |  |  |
| STOP µl   | 100                   | 100                  | 100                 |  |  |  |
| SI  | nake for 10 seco      | nds                  |                     |  |  |  |

Read absorbance at 450 nm (ref. 570 – 650 nm)