

# Instructions for use

# **BI-CAT® ELISA**

# Enzyme Immunoassay for the Quantitative Determination of Adrenaline / Noradrenaline in Plasma and Urine





Item No. EA613/192

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2-8°

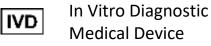
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# **Table of contents**

1	Introduction and Principle of the Test	3
2	Precautions	4
3	Storage and Stability	4
4	Contents of the Kit	5
5	Sample Collection and Storage	7
6	Preparation of Reagents and Samples	8
7	Test Procedure ELISA	.11
8	Calculation of Results	.13
9	Assay Characteristics	.15
10	Changes to declare	.18
Pipe	tting Scheme - Sample Preparation	.19
Pipe	tting Scheme - ELISA	.20

# **Symbols**



**Expiry Date** Content

CONT LOT **Lot Number** Store at

Manufactured by Sufficient for ... determinations Catalogue Number of

 $\epsilon$ 

**Hazard Pictograms** 



REF

Warning

manufacturer



EC Declaration of conformity

Consult Instructions for Use

# 1 Introduction and Principle of the Test

Catecholamine is the name of a group of aromatic amines (noradrenaline, adrenaline, dopamine, and their derivatives) which act as hormones and neurotransmitters, respectively. Adrenaline and noradrenaline are formed from dopamine. They act on the cardiac musculature and the metabolism (adrenaline) as well as on the peripheral circulation (noradrenaline) and help the body to cope with acute and chronic stress.

An increased production of catecholamines can be found with tumours of the chromaffine system (pheochromocytoma, neuroblastoma, ganglioneuroma). An increased or decreased concentration of the catecholamines can also be found with hypertension, degenerative cardiac diseases, schizophrenia and manic-depressive psychosis.

The assay kit provides materials for the quantitative measurement of adrenaline and noradrenaline in plasma and urine. Noradrenaline and adrenaline are extracted using a cis-diol-specific affinity gel and acylated to N-acylnoradrenaline and N-acyladrenaline and then converted enzymatically into N-acylnormetanephrine and N-acylmetanephrine.

The competitive BI-CAT® ELISA kit uses the microtiter plate format. Adrenaline and noradrenaline, respectively, are bound to the solid phase of the microtiter plate. Acylated catecholamine from the sample and solid phase bound catecholamine compete for a fixed number of antiserum binding sites. When the system is in equilibrium, free antigen and free antigen-antiserum complexes are removed by washing. The antibody bound to the solid phase catecholamine is detected by peroxidase-conjugated anti-rabbit IgG. The substrate TMB / peroxidase reaction is monitored at 450 nm. The amount of antibody bound to the solid phase catecholamine is inversely proportional to the catecholamine concentration of the sample.

### 2 Precautions

- For in vitro diagnostic use only. For professional use only!
- Material of animal origin used in the preparation of the kit has been obtained from animals certified as healthy; however these materials should be handled as potentially infectious.
- Individual components of different lots and test kits should not be interchanged. The expiry dates and storage conditions stated on the packaging and the labels of the individual components must be observed.
- Some components of this kit are containing hazardous reagents. These components are marked with the adequate hazard label. Further information is in section 4 and in the corresponding MSDS.
- Before carrying out the test, the instructions for use, as included in the kit, should be read completely and the content understood.
- When handling the reagents, controls and patient samples, the current laboratory safety guidelines and good laboratory practice should be observed.
- Wear protective clothing, disposable gloves, and eye protection while performing the test.
- Avoid any actions that could result in ingestion, inhalation or injection of the reagents. Never pipette by mouth.
- Avoid contact with individual reagents.
- Dispose of waste according to state and local environmental protection regulations.
- The quality control guidelines in the medical laboratory regarding the inclusion of control samples and/or pooled samples should be observed.

## 3 Storage and Stability

The kit is shipped at ambient temperature and is subsequently stable until the stated expiry date when stored between 2-8 °C. Once opened, the kit is stable until the expiry date.

The shelf life of the ready-to-use reagents is indicated on the respective bottle label. The shelf life and storage conditions of the prepared reagents is stated under 6.1.

Bring all reagents to room temperature before use and refrigerate immediately after use.

## 4 Contents of the Kit

# 4.1 Reagents for sample preparation

**EX-PLATE** 2 Plates **Extraction Plate** 

48 wells, coated with boronate affinity gel

**EX-BUFF** 1 vial **Extraction-Buffer** 

6 ml, ready for use

**HCL** 1 vial **HCI** 

21 ml, ready for use, 0.025 M HCl

Standards (1 - 7)

CAL 1 - CAL 7 7 vials

4 ml each, ready for use, concentrations:

Standards	1	2	3	4	5	6	7
Adrenaline (ng/ml)	0	0.5	1.5	5	15	50	150
Adrenaline (nmol/l)	0	2.7	8.2	27.3	81.9	273	819
Noradrenaline (ng/ml)	0	1.5	5	15	50	150	500
Noradrenaline (nmol/l)	0	8.9	29.6	88.9	296	887	2.955

When determining urine samples only: Standard 2 can be omitted When determining plasma samples only: Standard 7 can be omitted

CON 1 & CON 2 Controls 1 & 2 2 vials

4 ml each, ready for use,

concentrations: see QC certificate

### **Acylation Reagent**

6 ml, ready for use, Contains DMSO and DMF (please note that solvent reacts with many plastic materials including plastic trays; It does not react with normal pipette tips and with glass devices)





Warning



**ACYL-BUFF** 1 vial **Acylation Buffer** 

20 ml, ready for use

**ENZYME** 3 vials **Enzyme** 

2 ml each, lyoph., Catechol-O-Methyltransferase

Coenzyme 1 ml, ready for use, S-Adenosyl-L-Methionine	COENZYME	1 vial
Enzyme Buffer	ENZYME-BUFF	1 vial
2 ml, ready for use	Warning	
4.2 Reagents for ELISA		
Adrenaline Antiserum	AS-AD	1 vial
6 ml, ready for use, rabbit, colour coded blue		
Noradrenaline Antiserum	AS-NAD	1 vial
6 ml, ready for use, rabbit, colour coded yellow		
MT-Strips	STRIPS-AD	12 strips
8 wells each, break apart, precoated with:		·
Derivatized adrenaline, colour coded blue		
MT-Strips	STRIPS-NAD	12 strips
8 wells each, break apart, precoated with:		
Derivatized noradrenaline, colour coded yellow		
POD Conjugate	CONJ	2 vials
12 ml each, ready for use,		
Anti-rabbit IgG-Peroxidase Conjugate		
Wash Buffer	WASH	2 vials
20 ml, concentrate, Dilute content with dist.		
water to 1000 ml total volume		
Substrate	SUB	2 vials
12 ml each, TMB solution, ready for use		
Stop Solution	STOP	2 vials
12 ml each, ready for use,		
contains 0.3 M sulphuric acid		
Adhesive foil	FOIL	10 pieces
Ready for use		

Additional materials and equipment required but not provided:

- Pipettes for pipetting 20, 50, 300, 1000 μl
- Repeating dispenser for 20, 50, 100, 150, 200, 250 μl and 1 ml
- Horizontal shaker
- Microplate washing device or multichannel pipette
- Microplate photometer (450 nm)
- Distilled water

# 5 Sample Collection and Storage

### 5.1 Plasma

EDTA plasma samples are required for the assay. Physical and psychical stress usually causes a high increase of the catecholamine concentration. Therefore, it is recommended to let the patient rest for 20 to 30 minutes after the venipuncture and before collecting the blood sample.

Haemolytic, icteric and especially lipemic samples should not be used for the assay, as false low values will be obtained with such samples.

The plasma samples can be stored at 2-8 °C up to 6 hours. For a longer period (up to 1 week) the samples should be stored at -20 °C.

### 5.2 Urine

The total volume of urine excreted during a 24-hours period should be collected and mixed in a single bottle containing 10 - 15 ml of 6 M hydrochloric acid as preservative. Avoid exposure to direct sun light. Determine the total volume and take an aliquot for the measurement. For patients with suspected kidney disorders the creatinine concentration should be determined in addition. Urine samples can be stored at -20 °C for at least 6 months.

Mix and centrifuge urine before use.

# 6 Preparation of Reagents and Samples

# **6.1** Preparation of Reagents

### 6.1.1 Wash Buffer

Dilute the content (20 ml) of the bottle WASH with distilled water to a total volume of 1000 ml.

Store the diluted wash buffer at 2-8 °C for a maximum period of 4 weeks. Should the kit be used in several runs, then prepare only the required amount of wash buffer for each run.

# 6.1.2 Enzyme Mix

<u>NOTE:</u> The enzyme mix has to be prepared freshly prior to the assay (not longer than 10 - 15 minutes in advance). After use the reagent has to be discarded.

Reconstitute the content of one vial ENZYME with 2 ml distilled water.

Add 0.3 ml COENZYME and 0.3 ml ENZYME-BUFF (total volume: 2.6 ml) and mix thoroughly.

The two additional bottles of **ENZYME** allow a second and a third run of the test. If the whole kit is to be used in one run it is recommended to pool the contents of at least two vials prepared enzyme mix.

All other reagents are ready for use.

# **6.2 Preparation of Samples**

Preparation of the standards, controls and the samples is identical for adrenalin and noradrenalin and is therefore performed only once, in one extraction plate.

Allow reagents and samples to reach room temperature.

Determinations in duplicates are recommended.

Each 20  $\mu$ l of Standards, Control 1 & 2 and urine samples are extracted.

Each 300 µl of plasma samples are extracted.

- 1. Pipette 20  $\mu$ l Standard 1 7 CAL 1 7, 20  $\mu$ l Control 1 & 2 CON 1 & 2 and 20  $\mu$ l Urine Sample into the respective wells of the extraction plate EX-PLATE. Add 250  $\mu$ l of distilled water to these wells to correct for volume.
  - Pipette 300  $\mu$ l Plasma Sample into the respective wells (no volume correction required).
- 2. Pipette 50 μl Extraction Buffer EX-BUFF into each well.
- 3. Incubate 60 minutes at room temperature on an orbital shaker (medium speed).
- 4. Decant the plate and remove residual liquid by firmly tapping the inverted plate on a paper towel.
- 5. Pipette 1 ml Wash Buffer WASH into each well and incubate for 5 minutes at room temperature on an orbital shaker (slow shaking).
- 6. Decant the plate and remove residual liquid by firmly tapping the inverted plate on a paper towel.
- 7. Pipette 150 μl Acylation Buffer ACYL-BUFF into each well.
- 8. Pipette 50 µl Acylation Reagent ACYL-REAG into each wells and continue with step 9., <u>immediately</u>.
  - (please note that solvent reacts with many plastic materials including plastic trays; it does not react with normal pipette tips and with glass devices)
- 9. Incubate the plate for 20 minutes at room temperature on an orbital shaker (medium speed).
- 10. Decant the plate and remove residual liquid by firmly tapping the inverted plate on a paper towel.

- 11. Pipette 1 ml Wash Buffer WASH into each well and incubate for 5 minutes at room temperature on an orbital shaker (slow shaking).
- 12. Decant the plate and remove residual liquid by firmly tapping the inverted plate on a paper towel.
- 13. Repeat the wash steps 11. and 12.
- 14. Pipette 200 μl HCl HCL into each well.
- 15. Incubate the plate covered with adhesive foil FOIL for 20 minutes at room temperature on an orbital shaker (medium speed).

# Caution: Do <u>not</u> decant the supernatants thereafter.

Take 50  $\mu$ l each of the supernatants for the adrenaline assay and 50  $\mu$ l each for the noradrenaline assay.

### 7 Test Procedure ELISA

### 7.1 Adrenaline ELISA

- 1. Pipette 20 μl of freshly prepared Enzyme Mix (s.6.1.2) into the required number of wells (colour coded blue) STRIPS-AD.
- 2. Pipette 50  $\mu$ l each of prepared Standards, Controls and Patient Samples into the respective wells. A colour change to red occurs and indicates which wells have already been pipetted.
- 3. Incubate the plate covered with adhesive foil FOIL for 30 minutes at room temperature (20 25 °C) on an orbital shaker (medium speed).
- 4. Pipette 50 μl Adrenaline-Antiserum (colour coded blue) AS-AD into each well.
- 5. Cover the plate with adhesive foil FOIL, shake for 10 seconds and incubate for 12 20 hours (overnight) at 2 8 °C.
- 6. Discard or aspirate the contents of the wells and wash thoroughly with each 250 μl Wash Buffer WASH. Remove residual liquid by firmly tapping the inverted plate on clean absorbent paper. Repeat the washing procedure for a total of 4 times.
- 7. Pipette 100 μl POD-Conjugate CONJ into each well.
- 8. Incubate for 30 minutes at room temperature on an orbital shaker (medium speed).
- 9. Washing: Repeat wash step 6.
- 10. Pipette 100 μl Substrate SUB into each well.
- 11. Shake for 10 seconds on an orbital shaker, cover with a box and incubate for  $30 \pm 5$  minutes at room temperature (20 25 °C) without shaking.
- 12. Pipette 100 μl Stop Solution STOP into each well. Shake plate for 10 seconds.
- 13. Read the optical density at 450 nm (reference wavelength between 570 and 650 nm) in a microplate photometer within 15 minutes.

### 7.2 Noradrenaline ELISA

- 1. Pipette 20  $\mu$ l of freshly prepared Enzyme Mix (s.6.1.2) into the required number of wells (colour coded yellow) STRIPS-NAD.
- 2. Pipette 50 μl each of prepared Standards, Controls and Patient Samples into the respective wells. A colour change to red occurs and indicates which wells have already been pipetted.
- 3. Incubate the plate covered with adhesive foil  $\boxed{\text{FOIL}}$  for 30 minutes at room temperature (20 25 °C) on an orbital shaker (medium speed).
- 4. Pipette 50 μl Noradrenaline-Antiserum (colour coded yellow) AS-NAD into each well.
- 5. Cover the plate with adhesive foil  $\boxed{\text{FOIL}}$ , shake for 10 seconds and incubate for 12 20 hours (overnight) at 2 8 °C.
- 6. Discard or aspirate the contents of the wells and wash thoroughly with each 250 μl Wash Buffer WASH. Remove residual liquid by firmly tapping the inverted plate on clean absorbent paper. Repeat the washing procedure for a total of 4 times.
- 7. Pipette 100 μl POD-Conjugate CONJ into each well.
- 8. Incubate for 30 minutes at room temperature on an orbital shaker (medium speed).
- 9. Washing: Repeat wash step 6.
- 10. Pipette 100 μl Substrate SUB into each well.
- 11. Shake for 10 seconds on an orbital shaker, cover with a box and incubate for  $30 \pm 5$  minutes at room temperature (20 25 °C) without shaking.
- 12. Pipette 100  $\mu$ l Stop Solution STOP into each well. Shake plate for 10 seconds.
- 13. Read the optical density at 450 nm (reference wavelength between 570 and 650 nm) in a microplate photometer within 15 minutes.

### 8 Calculation of Results

The concentration of the standards (x-axis, logarithmic) are plotted against their corresponding optical density (y-axis, linear). Alternatively, the optical density of each standard and sample can be related to the optical density of the zero standard, expressed as the ratio OD/OD<sub>max</sub>, and then plotted on the y-axis.

A good fit is provided with 4 Parameter Logistic (alternatively Log-Logit or Cubic Spline).

The concentration of the controls and urine samples in ng/ml can be read off the standard curve directly without any further conversion.

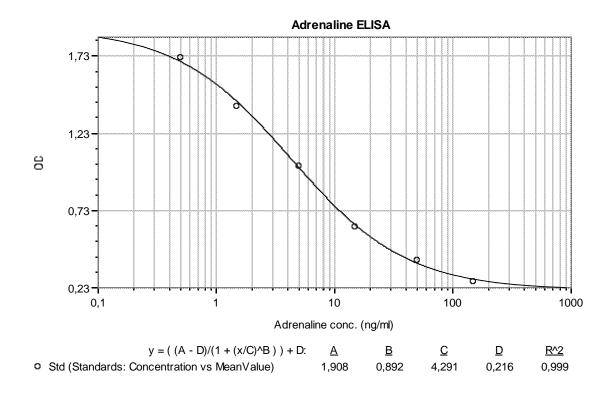
The read concentrations of adrenaline and noradrenaline in plasma samples have to be divided by 15 due to the use of 300  $\mu$ l plasma sample in relation to 20  $\mu$ l standard.

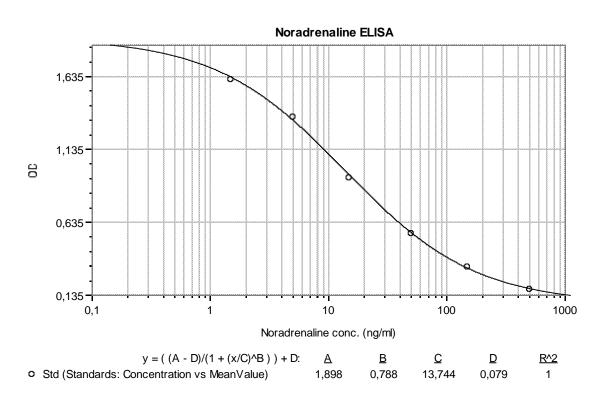
Adrenaline: 1 ng/ml = 5.46 nmol/l

Noradrenaline: 1 ng/ml = 5.91 nmol/l

Quality Control: Test results are valid only if the kit controls are within the ranges specified on the QC Certificate. Otherwise, the test should be repeated.

# Typical Example (do not use for calculation of results):





# 9 Assay Characteristics

# 9.1 Reference Ranges

The reference ranges given below should only be taken as a guideline. It is recommended that each laboratory should establish its own normal values.

Matrix	Adrenaline	Noradrenaline
Urine	< 20 μg/day	< 90 μg/day
EDTA-Plasma	< 100 pg/ml	< 600 pg/ml

# 9.2 Sensitivity

Matrix	Adrenaline	Noradenaline	Calculation
Urine	0.08 ng/ml	0.67 ng/ml	$OD_{Cal1} - 2xSD$
EDTA-Plasma	5 pg/ml	45 pg/ml	OD <sub>Cal1</sub> – 2xSD

# 9.3 Specificity (Cross Reactivity)

Components	Cross Reactivity (%) Adrenaline-Ab	Cross Reactivity (%) Noradrenaline-Ab
Adrenaline	100	< 0.01
Noradrenaline	0.053	100
Dopamine	< 0.01	0.37
Metanephrine	< 0.01	< 0.01
Normetanephrine	< 0.001	< 0.01
3-Methoxytyramine	< 0.001	< 0.01
L-Dopa	< 0.001	< 0.01
Tyramine	< 0.001	< 0.01
Tyrosine	< 0.001	< 0.001
Homovanillic acid	< 0.0001	< 0.001
Vanillic mandelic acid	< 0.0001	< 0.001

# 9.4 Recovery after spiking

# Adrenaline

Matrix	Range (ng/ml)	Mean (%)	Range (%)
Urine	2.1 – 30.3	102	100 - 105
EDTA-Plasma	0.02 - 1.39	101	94 – 103

# Noradrenaline

Matrix	Range (ng/ml)	Mean (%)	Range (%)
Urine	32.4 – 113.2	93	89 - 98
EDTA-Plasma	0.20 - 4.91	104	91 – 109

# 9.5 Linearity

# **Adrenaline**

Matrix	Range (ng/ml)	Max. dilution	Mean (%)	Range (%)
Urine	4.4 – 59.7	1:15 (dist. water)	108	100 - 112
EDTA-Plasma	0.11 – 1.52	1:15 (dist. water)	107	104 - 111

# Noradrenaline

Matrix	Range (ng/ml)	Max. dilution	Mean (%)	Range (%)
Urine	9.9 – 132.3	1:15 (dist. water)	105	98 - 112
EDTA-Plasma	0.33 – 4.87	1:15 (dist. water)	103	100 - 108

## 9.6 Reproducibility

### **Adrenaline**

Matrix	Range (ng/ml)	Intra-Assay- CV	Range (ng/ml)	Inter-Assay- CV
Urine	3.1 – 15.2	7.6 – 7.3 %	2.6 – 16.6	6.7 – 9.6 %
EDTA-Plasma	0.12 – 1.19	9.6 – 9.5 %		

### **Noradrenaline**

Matrix	Range (ng/ml)	Intra-Assay- CV	Range (ng/ml)	Inter-Assay- CV
Urine	21.8 – 76.4	8.7 – 9.2 %	23.1 – 83.9	11.1 – 8.7 %
EDTA-Plasma	0.76 – 4.85	8.4 – 9.7 %		

# 9.7 Method Comparison

### **Adrenaline**

Matrix	Method	Correlation				
Urine	HPLC	Y = 0.94 x HPLC - 0.21; R = 0.987; N = 32				

### **Noradrenaline**

Matrix	Method	Correlation
Urine	HPLC	$Y = 0.90 \times HPLC + 6.3; R = 0.983; N = 32$

# 9.8 Calibration

The calibration is carried out by weighing the pure substance. The correctness of the method was determined by comparing with the reference range and comparison of method (9.7).

### 9.9 Limitations of Method

The result of the BI-CAT® ELISA is to be seen in connection with other diagnostic procedures and the anamnesis and the resulting questions. Samples measured above the highest standard must be diluted with the appropriate medium as stated in 9.5 and re-assayed. The values of diluted samples must be multiplied by the appropriate dilution factor.

# 9.10 Interferences

Hemolytic, lipemic and icteric specimens should not be used.

Do not use non-acidified urine collection.

# 10 Changes to declare

Version \_10 (valid as of lot A122): Hazard symbol was removed from POD Conjugate. Further changes are highlighted in gray.

# **Pipetting Scheme - Sample Preparation**

# (Adrenaline, Noradrenaline)

		Standards	Controls	Urine	Plasma
<b>EX-PLATE:</b>					
CAL 1 - 7	μl	20			
CON 1 & 2	μl		20		
Patient Urine	μl			20	
Patient Plasma	μl				300
Dist. Water	μl	250	250	250	
EX-BUFF	μl	50	50	50	50

Shake 60 minutes at RT Decant plate and remove residual liquid

WASH ml	1	1	1	1
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Incubate 5 minutes at RT (slow shaking) Decant plate and remove residual liquid

ACYL-BUFF	μl	150	150	150	150
ACYL-REAG	μl	50	50	50	50

<u>Immediately</u>, shake 20 minutes at RT Decant plate and remove residual liquid

WASH ml	1	1	1	1
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Incubate 5 minutes at RT (slow shaking)
Decant plate and remove residual liquid

WASH	ml	1	1	1	1
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Incubate 5 minutes at RT (slow shaking) Decant plate and remove residual liquid

HCL μl	200	200	200	200
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Cover with FOIL; shake 20 minutes at RT

Caution: Do not decant the supernatant thereafter

For the ELISAs take each 50 µl for Adrenaline ELISA 50 µl for Noradrenaline ELISA

# **Pipetting Scheme - ELISA**

		Adrenalin (blue) STRIPS-AD			_	I <b>renalin (y</b> TRIPS-NA	
		Stand.	Contr.	Samples	Stand.	Contr.	Samples
Enzyme mix (fresh)	μΙ	20	20	20	20	20	20
Acyl. Stand. 1 – 7	μl	50			50		
Acyl. Contr. 1 & 2	μl		50			50	
Acyl. Samples	μl			50			50

Cover with FOIL; shake 30 minutes at RT

AS-AD	μl	50	50	50			
AS-NAD	μl				50	50	50

Cover plates with FOIL

Shake for 10 seconds
Incubate for 12 – 20 hours (overnight) at 2 – 8 °C

Wash 4 x with 250 μl WASH per well

CONJ µl	100	100	100	100	100	100
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Shake 30 minutes at RT Wash 4 x with 250 µl WASH per well

SUB μl	100	100	100	100	100	100
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Shake for 10 seconds

Incubate 30 ± 5 minutes at RT, covered with a box, without shaking

STOP	μl	100	100	100	100	100	100
3101	μı	100	100	100	100	100	100

Shake for 10 seconds

Read absorbance at 450 nm (ref. 570 - 650 nm)