

**Fast 3 Screen Islet Cell Autoantibody
ELISA Kit - Instructions for use**

FOR PERFORMANCE EVALUATION

RSR Limited

Parc Ty Glas, Llanishen,
Cardiff CF14 5DU United Kingdom
Tel.: +44 29 2068 9299 Fax: +44 29 2075 7770
Email: info@rsrltd.com Website: www.rsrltd.com

INTENDED USE

The RSR Fast 3 Screen Islet Cell Autoantibody (3 Screen) ELISA kit is intended for use by professional persons only, for quantitative determination of GAD, IA-2 and ZnT8 autoantibodies (Ab) in human serum.

PATENTS

The following patents apply:

European patent EP 2 118 309 B1, Chinese patent ZL 200780051859.3, Indian patent 279741, Japanese patent 5694668 and US patent US 9,023,984 B2.








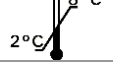


ASSAY PRINCIPLE

In RSR's Fast 3 Screen ELISA, GAD, IA-2 and ZnT8 Ab in test sample, reference preparation or calibrators (optional) and controls are allowed to interact with GAD₆₅, IA-2 and ZnT8 coated onto ELISA plate wells. After a 2 hour incubation the samples are discarded leaving any GAD, IA-2 and/or ZnT8 Ab in the test samples, reference preparation or calibrators (optional) and controls bound to the GAD₆₅, IA-2 and ZnT8 coated wells. A mixture of GAD₆₅-Biotin, IA-2-Biotin and ZnT8-Biotin is then added and during a 2nd incubation step where, through the ability of GAD, IA-2 and ZnT8 Ab to act divalently, a bridge is formed between the GAD₆₅, IA-2 or ZnT8 immobilised on the plate and GAD₆₅-Biotin, IA-2-Biotin and ZnT8-Biotin respectively. Unbound GAD₆₅/IA-2/ZnT8-Biotin is then removed in a wash step and the amount of bound GAD₆₅/IA-2/ZnT8-Biotin determined (in a 3rd incubation step) by addition of Streptavidin Peroxidase (SA-POD), which binds specifically to Biotin. Excess, unbound SA-POD is then washed away and addition of the peroxidase substrate 3,3',5,5'-tetramethyl-benzidine (TMB) results in formation of a blue colour. This reaction is stopped by addition of stop solution causing the well contents to turn yellow. The absorbance of the yellow reaction mixture at 450nm and 405nm is then read using an ELISA plate reader. A higher absorbance indicates the presence of GAD, IA-2 and/or ZnT8 Ab in the test sample. Reading at 405nm allows quantitation of high absorbances. It is recommended that low absorbance values are measured at 450nm. If it is possible to read at only one wavelength 405nm may be used.

STORAGE AND PREPARATION OF TEST SERUM SAMPLES

Sera to be analysed should be assayed soon after separation or stored, preferably in aliquots, at or below -20°C. 50 µL is sufficient for one assay (RSR recommends duplicate 25 µL determinations). Repeated freeze thawing or increases in storage temperature should be avoided. Do not use lipaemic or haemolysed serum samples. Do not use plasma in the assay. When required, bring test sera to room temperature and mix gently to ensure homogeneity. Centrifuge serum prior to assay (preferably for 5 min at 10-15,000 rpm in a microfuge) to remove particulate matter. Please do not omit this centrifugation step if sera are cloudy or contain particulates.

SYMBOLS

Symbol	Meaning
	For Performance Evaluation only
	Catalogue Number
	Lot Number
	Consult Instructions
	Manufactured By
	Sufficient for
	Expiry Date
	Store
	Negative Control
	Positive Control

MATERIALS REQUIRED AND NOT SUPPLIED

Pipettes capable of dispensing 25µL and 100µL.
Means of measuring out various volumes to reconstitute or dilute reagents.
Pure water.
ELISA Plate reader suitable for 96 well formats and capable of measuring at 450nm and 405nm.
ELISA Plate shaker, capable of 500 shakes/min (not an orbital shaker).
ELISA Plate cover.

PREPARATION OF REAGENTS SUPPLIED

Store unopened kits and all components (A-M) at 2-8°C.

A	3 Screen Coated Wells 12 breakapart strips of 8 wells (96 in total) in a frame and sealed in foil bag. Allow to stand at room temperature (20-25 °C) for at least 30 minutes before opening.
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	Ensure wells are firmly fitted into frame provided. After opening return any unused wells to the original foil bag with desiccant provided and seal with adhesive tape. Place foil bag in the self-seal plastic bag and store at 2-8°C for up to 3 months.
B	Negative Control 0.3 mL Ready for use
C1	GADAb Positive Control 0.3 mL Ready for use
C2	IA-2 Ab Positive Control 0.3 mL Ready for use
C3	ZnT8 Ab Positive Control 0.3 mL Ready for use
D	Reference Preparation 0.3 mL Ready for use
E1-5	Calibrators (optional) 5, 15, 100, 400 and 2000 u/mL (units are arbitrary RSR units) 5 x 0.3 mL Ready for use
F	Concentrated Wash Solution 125 mL Concentrated Dilute 10 X with pure water before use. Store at 2-8°C up to kit expiry.
G	Fast 3 Screen-Biotin 3 vials Lyophilised Immediately before use reconstitute each vial with 5.5 mL of reconstitution buffer for Fast 3 Screen-Biotin (H). When more than one vial is used, pool and mix gently before use.
H	Reconstitution Buffer for Fast 3 Screen-Biotin 2 x 15 mL Coloured blue Ready for use
J	Streptavidin Peroxidase (SA-POD) 0.7 mL Concentrated Dilute 1 in 20 with diluent for SA-POD (K). For example, 0.5mL (J) + 9.5mL (K). Store at 2-8°C for up to 28 weeks after dilution.
K	Diluent for SA-POD 15 mL Ready for use
L	Peroxidase Substrate (TMB) 15 mL Ready for use
M	Stop Solution 12 mL Ready for use

ASSAY PROCEDURE

Allow all reagents and test sera to stand at room temperature (20-25°C) for at least 30 minutes before use. A repeating Eppendorf type pipette is recommended for steps 4, 7, 10 and 11.

1.	Pipette 25 µL of negative control (B), positive controls (C1-3), reference preparation (D) or (if used) calibrators (E1-5) and test sera into respective wells (A), (in duplicate is recommended), leaving one well empty for blank (see step 12). Alternatively 100 µL of diluted negative control (B), positive controls (C1-3), reference preparation (D) or (if used) calibrators (E1-5) and test sera all diluted 1:4 in PBS + 0.05% tween can be used.
2.	Cover the frame and incubate at room temperature (20-25°C) for 2 hours on an ELISA plate shaker (500 shakes per min).
3.	Use an ELISA plate washer to aspirate and wash the plate 3 times with diluted wash solution (F). If a plate washer is not available, discard the well contents by briskly inverting the frame of wells over a suitable receptacle, wash the wells 3 times manually and finally tap the inverted wells gently on a clean dry absorbent surface.
4.	Pipette 100 µL of reconstituted Fast 3 Screen-Biotin (G) into each well (except blank). Avoid splashing the material out of the wells during addition.
5.	Cover the frame and incubate at room temperature (20-25°C) for 1 hour on an ELISA plate shaker (500 shakes per min).
6.	Repeat wash step 3.
7.	Pipette 100 µL of diluted SA-POD (J) into each well (except blank).
8.	Cover the frame and incubate at room temperature (20-25°C) for 20 minutes on an ELISA plate shaker (500 shakes per min).
9.	Repeat wash step 3. If manual washing is being carried out use one additional wash step with pure water (to remove any foam) before finally tapping the inverted wells dry.
10.	Pipette 100 µL of TMB (L) into each well (including blank) and incubate in the dark at room temperature (20-25°C) for 20 minutes without shaking.
11.	Pipette 100 µL stop solution (M) into each well (including blank) cover the frame and shake for approximately 5 seconds on a plate shaker (500 shakes per min). Ensure substrate incubations are the same for each well.
12.	Within 10 minutes, read the absorbance of each well at 405nm and then 450 nm using an ELISA plate reader, blanked against a well containing 100 µL of TMB (L) and 100 µL stop solution (M) only.

RESULT ANALYSIS

Calculation of results without calibrators

Index Calculation

The index values are calculated as follows:

$$\text{Index} = \frac{\text{test sample absorbance at 450nm}}{\text{reference preparation absorbance at 450nm}} \times 100$$

The index value can also be calculated using absorbance data at 405nm

TYPICAL RESULTS (Example only; not to be used for calculation of actual results)

Undiluted

	A450 nm	Index value	A405 nm	Index value
Reference Preparation (D)	0.587	100	0.169	100
Negative Control (B)	0.066	11	0.019	11
Positive Control (C1)	1.197	204	0.346	205
Positive Control (C2)	0.557	95	0.161	95
Positive Control (C3)	0.240	41	0.069	41

All diluted (1:4 in PBS + 0.05% tween)

	A450 nm	Index value	A405 nm	Index value
Reference Preparation (D)	0.518	100	0.149	100
Negative Control (B)	0.090	17	0.026	17
Positive Control (C1)	1.173	226	0.341	229
Positive Control (C2)	0.488	94	0.142	95
Positive Control (C3)	0.272	53	0.079	53

ASSAY INDEX VALUE CUT OFF

Negative	< 30
Positive	≥ 30

Calculation of results with calibrators

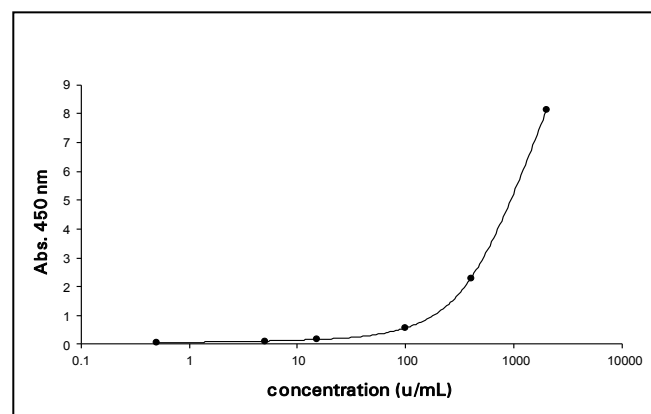
A calibration curve can be established by plotting calibrator concentration on the x-axis (log scale) against the absorbance of the calibrators on the y-axis (linear scale). The GAD, IA-2 and/or ZnT8 Ab concentrations in test sample can then be read off the calibration curve [plotted at RSR as a spline log/lin curve (smoothing factor = 0)]. Other data reduction methods can be used. The negative control (B) has a concentration of 0 u/mL, but can be assigned a value of 0.5 u/mL to facilitate computer processing of data.

TYPICAL RESULTS (Example only; not to be used for calculation of actual results)

Undiluted

	A450 nm	Conc. u/mL	A405 nm	Conc. u/mL
Negative Control (B)	0.066	0	0.019	0
E1	0.112	5	0.032	5
E2	0.172	15	0.049	15
E3	0.578	100	0.167	100
E4	2.298	400	0.663	400
E5	8.143*	2000	2.395	2000
Positive Control (C1)	1.197	215	0.346	217
Positive Control (C2)	0.557	96	0.161	96
Positive Control (C3)	0.240	32	0.069	31

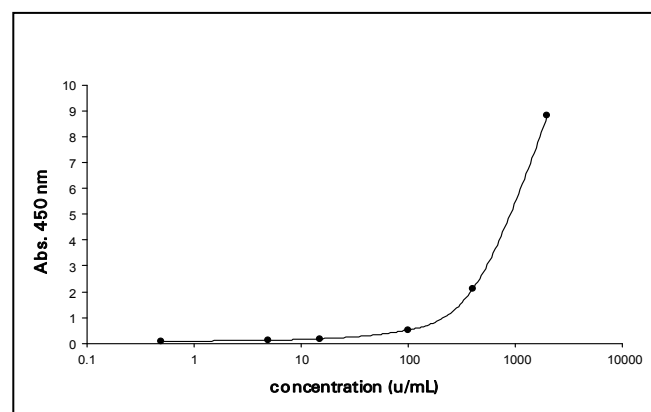
*derived from 405nm value



All diluted (1:4 in PBS + 0.05% tween)

	A450 nm	Conc. u/mL	A405 nm	Conc. u/mL
Negative Control (B)	0.090	0	0.026	0
E1	0.122	5	0.035	5
E2	0.177	15	0.051	15
E3	0.518	100	0.149	100
E4	2.090	400	0.606	400
E5	8.806*	2000	2.590	2000
Positive Control (C1)	1.173	250	0.341	251
Positive Control (C2)	0.488	91	0.142	92
Positive Control (C3)	0.272	36	0.079	36

*derived from 405nm value



For absorbance readings at 450nm above 3.0, the absorbance reading at 405nm can be converted to 450nm absorbance values by multiplying by the appropriate factor (3.4 in the case of equipment used at RSR).

Samples with high GAD, IA-2 and/or ZnT8 Ab concentrations can be diluted in kit negative control (B). For example, 15 µL of sample plus 135 µL of negative control to give a 10x dilution. Other dilutions (e.g. 100x) can be prepared from a 10x dilution or otherwise as appropriate. Some sera will not dilute in a linear way.

ASSAY CONCENTRATION CUT OFF

Negative	< 20 u/mL
Positive	≥ 20 u/mL

This cut off and the cut off based on index value has been validated at RSR. However each laboratory should establish its own reference ranges for Fast 3 Screen. Also it is recommended that each laboratory include its own panel of control samples in the assay.

SAFETY CONSIDERATIONS

Streptavidin Peroxidase (SA-POD)

Signal word: Warning

Hazard statement(s)



H317: May cause an allergic skin reaction

Precautionary statement(s)

P261: Avoid breathing mist, vapours

P272: Contaminated work clothing should not be allowed out of the workplace

P280: Wear protective gloves/protective clothing/eye protection/face protection

P302 + P352: IF ON SKIN: Wash with plenty of soap and water

P333 + P313: If skin irritation or rash occurs: Get medical advice/attention

P362 + P364: Take off contaminated clothing and wash it before reuse

P501: Dispose of contents/container to hazardous or special waste collection point, in accordance with local, regional, national and/or international regulation

Peroxidase Substrate (TMB)

Signal word: Danger



Hazard statement(s)

H360D: May damage the unborn child

Precautionary statement(s)

P280: Wear protective gloves/protective clothing/eye protection/face protection

P308 + P313: IF exposed or concerned: Get medical advice/attention

P501: Dispose of contents/container to hazardous or special waste collection point, in accordance with local, regional, national and/or international regulation

Diluent for SA-POD

Hazard statement(s)

EUH208: Contains 2-Chloroacetamide. May produce an allergic reaction.

This kit is intended for research use use by professional persons. Follow the instructions carefully. Observe expiry dates stated on the labels and the specified shelf life for coated wells, reconstituted and diluted reagents. Refer to Safety Data Sheet for more detailed safety information. Material of human origin used in the preparation of the kit has been tested and found non reactive for HIV1 and 2 and HCV antibodies and HBsAg but should, none-the-less, be handled as potentially infectious. Wash hands thoroughly if contamination has occurred and before leaving the laboratory. Sterilise all potentially contaminated waste, including test specimens before disposal. Material of animal origin used in the preparation of the kit has been obtained from animals certified as healthy but these materials should be handled as potentially infectious. Some components contain small quantities of sodium azide as preservative. With all kit components, avoid ingestion, inhalation, injection and contact with skin, eyes and clothing. Avoid formation of heavy metal azides in the drainage system by flushing any kit component away with copious amounts of water.

ASSAY PLAN

Allow all reagents and test sera to reach room temperature (20-25°C) before use	
Pipette:	25 µL negative and positive controls (B and C1-3), reference preparation (D) or calibrators (if used E1-5) and test sera into ELISA plate (A) (except blank). Alternatively 100 µL of diluted negative control (B), positive controls (C1-3), reference preparation (D) or (if used) calibrators (E1-5) and test sera all diluted 1:4 in PBS + 0.05% tween can be used.
Incubate:	Two hours at room temperature (20-25°C) on an ELISA plate shaker at 500 shakes/min
Aspirate/Decant:	ELISA plate (A)
Wash:	ELISA plate (A) three times (dry on absorbent material for manual wash (F))
Pipette:	100 µL Fast 3 Screen-Biotin (G) (reconstituted with (H)) into each well (A) (except blank)
Incubate:	1 hour at room temperature (20-25°C) on an ELISA plate shaker at 500 shakes/min
Aspirate/Decant:	ELISA plate (A)
Wash:	ELISA plate (A) three times (dry on absorbent material for manual wash (F))
Pipette:	100 µL SA-POD (J) (diluted 1:20) into each well (except blank)
Incubate:	20 minutes at room temperature (20-25°C) on an ELISA plate shaker at 500 shakes/min
Aspirate/Decant:	ELISA plate (A)
Wash:	ELISA plate (A) three times, (additional rinse with pure water and dry on absorbent material for manual wash (F))
Pipette:	100 µL TMB (L) into each well (A) (including blank)
Incubate:	20 minutes at room temperature in the dark (without shaking)
Pipette:	100 µL stop solution (M) into each well (including blank (A)) and shake for 5 seconds
Read absorbance at 405nm and 450nm within 10 minutes of addition of stop solution	